

STEP 1 · BEFORE

Preparing for the procedure

Newborn circumcision removes the foreskin that covers the head (glans) of the penis. A little preparation helps the visit go smoothly.

TELL US AHEAD OF TIME IF YOUR BABY

- has a family history of **bleeding or clotting problems**
- was born early, has jaundice, is unwell or is not feeding well
- did **not** receive the vitamin K injection at birth
- was told there is anything unusual about his penis (for example, the opening is not at the tip)

ON THE DAY

- Feed your baby about **1 hour before** your appointment, unless we tell you otherwise.
- Dress him in loose, comfortable clothing that opens easily.
- Plan to stay a short while afterward so we can check for bleeding before you go home.

WHAT TO BRING

- Extra diapers, wipes and a warm blanket
- Petroleum jelly (such as Vaseline)
- No pain medicine needed: we prescribe infant Tylenol for home
- Your baby's health card and your photo ID



Circumcision care kit at ZCan Pharmacy
Want everything in one place? ZCan Pharmacy has a circumcision care kit with everything you need. Ask our front desk.

CONSENT & QUESTIONS

A parent or legal guardian will be asked to sign a consent form. Please ask your doctor any questions before the procedure begins.

KEEP THIS HANDY

Healing at a glance

FIRST 24 HOURS

Leave the gauze dressing on. Check every diaper for bleeding. Small spots of blood are normal.

DAYS 2–3

Yellow, green or off-white patches may appear. This is normal healing, not pus.

FROM DAY 2

As swelling eases, gently push the skin down so it sits just behind the rim of the glans.

WEEK 1

Warm bath every day. Petroleum jelly after every bath and diaper change.

WEEKS 1–2

Swelling under the head of the penis goes away.

UP TO 4 WEEKS

The penis looks fully healed.

KEY POINTS

- Leave the gauze on for **24 hours**.
- Petroleum jelly after every bath and diaper change.
- Acetaminophen for pain, as instructed.
- Concerns the next day? **Call us first**.
- Bleeding, fever, spreading redness, yellow drainage or trouble peeing: **go to the ED**.



AAFIYAT
MEDICAL CENTRE

☎ 289-813-0786 · call, text or WhatsApp

📍 80-3465 Platinum Drive
Mississauga, ON L5M 2S1

🌐 aafiyat.ca

Mon–Fri 9 am – 8 pm · Sat–Sun 10 am – 6 pm
After hours or in an emergency, go to the nearest emergency department or call 911.



Newborn Circumcision

A care guide for parents

BEFORE

WHAT TO EXPECT

AFTER

Baby's name _____

Date of procedure _____

Doctor _____

\$500 ALL-INCLUSIVE

2 consultations · procedure · follow-up care

Babies up to 2 months · Procedures Wed–Thu
Usually booked within 1 week

Not covered by OHIP. ZCan care kit sold separately.

May you always be in Aafiyat

How healing looks

After the procedure, your doctor places a **lubricated gauze dressing** on the penis so it does not stick to the head. It usually falls off on its own within 24 hours.

Healing happens in stages and every baby is different. It can take **up to a month** for the penis to look fully healed.



Bleeding

The cut edges close up and bleeding stops within minutes to a day.



Colour changes

At first the head may look red, glossy or even purple. The skin there thickens and darkens once it is exposed. Off-white or yellowish patches in the first few days are a type of scab. At days 2–3 the skin may look green or yellow. This is **normal healing, not pus**.



Swelling

Swelling behind or under the head of the penis can look like a blister. It is another sign of healing and goes away within 1–2 weeks.



Size

The penis may look smaller. This is mostly because the surrounding skin is now relaxed.



Fussiness

Babies may cry more, sleep less or feed poorly for a few hours. This usually lasts no more than a couple of days.

Caring for your baby at home

- 1 Leave the dressing on for 24 hours**
Let the gauze fall off by itself unless told to remove it. If it is still on after 24 hours, soak it off in the bath. Some discolouration, drops of blood and bits of skin at the tip are normal.
- 2 Check for bleeding**
For the first 24 hours, check at every diaper change. Spots of blood **no bigger than a two-dollar coin** (about 1 inch) are normal. See a doctor if there is more.
- 3 Point the penis up**
Position the penis pointing up in the diaper to ease swelling behind the head.
- 4 Warm bath every day for 1 week**
Daily warm baths keep the area clean and help the dressing come off.
- 5 Apply petroleum jelly**
Put a barrier ointment such as Vaseline on the end of the penis **after every bath and at every diaper change** until fully healed. It stops the penis sticking to the diaper.
- 6 Keep the skin in position**
From day 2, as swelling goes down, gently push the penile skin down, away from the head (glans), if it has moved up. This helps it heal just behind the rim of the glans.

We're here for you the day after

Our team is available the day after your baby's circumcision. If something doesn't look right, call or text us first at 289-813-0786 and we'll check on your baby. There's no need to search for another doctor or wait in emergency for everyday concerns.

For the warning signs on the next panel, go straight to the emergency department.

Pain relief

A numbing injection (nerve block) keeps your baby comfortable for the first few hours. After that, give the infant Tylenol we prescribe, as directed. Signs of pain include crying and trouble sleeping.

Your baby can have _____ mL of 80 mg/mL suspension every **4–6 hours**.

Last dose given at clinic: _____

TIME GIVEN	AMOUNT (ML)

DO NOT GIVE MORE THAN 5 DOSES IN 24 HOURS



Go to the nearest emergency department right away if:

- **Heavy bleeding:** small pools of blood, or spots bigger than a two-dollar coin on the diaper

On the way: make a ring with your thumb and index finger around the top of the penis and squeeze for 5 minutes to slow bleeding.

- Redness spreading to the belly or legs
- Fever
- Poor feeding and/or vomiting
- Yellow fluid draining from the incision
- Trouble peeing, such as diapers less wet than usual